

MY

Who faces hunger in Arizona?

STORY

My name is Kathryn Castaneda. I'm 56, and I have two adult children, ages 28 and 25. I moved to Prescott Valley from California several years ago.



I am not currently working and haven't worked in five years because of anxiety and depression. I was recently diagnosed as seriously mentally ill and will be applying for Social Security Disability soon. My husband just got a job as a foreman for a construction company. Thank goodness, because we have been homeless for a year.

When my children were little, and recently while we have been unemployed, we would have gone hungry without SNAP assistance. I've always supplemented SNAP with a food box, especially for the canned foods, because they can be stored. That helps in an emergency, when you have no food.

For me, the SNAP program works. It wasn't always enough money for food when my kids were little, but it's been enough for me and my husband. It helped us and soon we won't need it anymore. I'm grateful for that.

Kathryn Castaneda

Prescott, Arizona