### FOOD ASSISTANCE PROGRAMS IN ARIZONA

**PROGRAM/DESCRIPTION** | **ELIGIBILITY** | **AREA SERVED** | **LOCAL PHONE NUMBERS**
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Nutrition Assistance (SNAP) | Based on income and resources according to household size. | Statewide | Phoenix ........................................... (602) 542-9935  
Statewide (from 520 and 928 area codes) ..................................... 1-800-352-8401

NATIONAL SCHOOL LUNCH and BREAKFAST PROGRAMS | All school-age children. Children in households receiving nutrition assistance are automatically eligible. | Statewide | Inquire at child's school or call, toll free  
AZ Department of Education .......... 1-800-352-4558  
Phoenix ........................................... (602) 542-8700

SUMMER FOOD SERVICE PROGRAM | All children under the age of 18, if school district qualifies. | Statewide. Organizations other than schools may operate this program in your community | 2-1-1  
(formerly Community Information & Referral)  
Anywhere in Arizona ........................................ 2-1-1 or 1-877-211-8661
Or  
AZ Department of Education .......... 1-800-352-4558  
Phoenix ........................................... (602) 542-8700

CHILD and ADULT CARE FOOD PROGRAM | Low-income children in licensed non-residential child-care centers, Head Start and after-school programs. Adults in certain adult day care centers are also eligible. | Statewide |

FOOD COOPERATIVES: BARGAIN BASKETS, FOOD VALUE CLUB, HARVEST CLUB BOX, HEALTHY NATIVE BOX, HELP YOURSELF BOX and VALUE FOOD STORES | No income requirements. Some programs may require an initial application. | Bargain Baskets serves Maricopa County  
Value Marketplace is located in Maricopa County and is open to the public  
Healthy Native Box serves Apache, Coconino and Navajo Counties  
Help Yourself serves Apache, Maricopa, Gila, Navajo and Pinal Counties | Desert Mission Food Bank ........................................ (602) 870-6602  
St. Mary’s Food Bank Alliance .......... (602) 415-5474  
St. Jude Food Bank ......................... (928) 283-6886  
United Food Bank ......................... (480) 926-4897

WIC | Must meet income guidelines or participate in AHCCCS/SNAP/TANF/Section 8 housing programs; nutritionally at-risk pregnant, breastfeeding and non-breastfeeding mothers, infants and children up to age five. | Statewide | Statewide  
Inter-Tribal Council in Phoenix .......... (602) 258-4822  
Navajo Nation WIC in Window Rock ................. 1-800-307-4231

AZ FARMERS MARKET NUTRITION PROGRAM | Senior enrolled in CSFP | Check www.azwic.gov/farmers-market.htm for current locations. | Statewide  
1-800-253-5942  

EBT at FARMERS MARKETS | Based on income and resources according to house size. | Coconino, Maricopa, Pima, and Yavapai, Yuma Counties | Coconino, Maricopa, Pima, Yavapai & Yuma  
1-800-252-5942

* Check for residency requirements.

**Equal Opportunity Employer/Program • Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact your local office; TTY/TDD Services: 7-1-1. • Free language assistance for DES services is available upon request.**
**EN-025 (9-13) Reverse**

**ARIZONA DEPARTMENT OF ECONOMIC SECURITY**

**Family Assistance Administration**

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<td><strong>COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)/FOOD PLUS</strong>, provides a monthly food package to supplement participants’ diets with foods that are designed to provide protein, calcium, iron and vitamins A and C. Foods include canned meats, fruits, vegetables, cereals, juices, rice, dry beans, dry milk, UHT milk and cheese. Also provides nutrition education and referrals to other needed services in the community.</td>
<td>Meet income-eligibility guidelines; be pregnant, breast-feeding and non-breast-feeding mother or children up to six years old or adults 60 years or older. Alternative to WIC <em>(see other side).</em></td>
<td>Cochise, Coconino, Gila, La Paz, Maricopa, Mohave, Pima, Pinal, Santa Cruz, Yavapai, and Yuma Counties</td>
<td>Call 1-800-252-5942 to locate the CSFP agency in your county or visit <a href="http://azdhs.gov/phs/bnp/csfp/index.php">http://azdhs.gov/phs/bnp/csfp/index.php</a>.</td>
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<td><strong>EXTENSION FOOD AND NUTRITION EDUCATION PROGRAM (EFNEP)</strong> has free nutrition classes for families with children to learn meal planning, budgeting, food buying and preparation. Classes are taught by the University of Arizona Cooperative Extension Services.</td>
<td>Meet income-eligibility guidelines.</td>
<td>Maricopa, Pima and Pinal Counties</td>
<td>Maricopa ..........(602) 470-8086......... Phoenix Pima .................(520) 626-5161 ................. Tucson Pinal ...............(520) 836-5221........ Casa Grande</td>
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<td><strong>BROWN BAG/GLEANING PROGRAM</strong> is a bag of groceries provided weekly, or every other week, which helps fill out your food needs. Participating members (annual fee varies from $12-$25) are encouraged to harvest and sort vegetables and fruit for food banks.</td>
<td>Low-income senior citizens (60 years or over); disabled people.</td>
<td>Maricopa County and Pima County <em>(no fee, provided monthly)</em></td>
<td><strong>2-1-1 Arizona</strong> Maricopa Co. ................................ (602) 264-4357 ............... Phoenix Coconino Co ......(928) 213-5254 .......... Tucson Northern AZ...... 1-877-521-3500 ........ Flagstaff La Paz/Yuma/ Mohave Co. ....(928) 217-7120........... Yuma Pinal/Gila Co. .....(520) 836-2758 .......... Coolidge Southeast AZ Co (520) 432-5301 ........ Bisbee Navajo Nation ....(928) 871-6868 ..... Window Rock OR 2-1-1</td>
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<td><strong>FOOD DISTRIBUTION PROGRAMS ON INDIAN RESERVATIONS (FDPIR)</strong> provide a monthly box of groceries instead of (SNAP)/nutrition assistance.</td>
<td>Any income/resource eligible person living on the reservation and income/resource eligible tribal members living near the reservation.</td>
<td>Participating Indian reservations</td>
<td>Colorado River Indian Tribes.........(928) 669-1283 OR.................................................(928) 669-1284 The Navajo Nation .................(928) 475-2302 San Carlos Apache Tribe Tohono O'odham Nation ..........(520) 383-6250 White Mountain Apache Tribe.........(928) 338-4964</td>
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<td><strong>PREPARED MEALS PROGRAMS</strong> include noon meals at your local senior center.</td>
<td>Age 60 years or more.</td>
<td>Statewide</td>
<td><strong>Area Agencies on Aging</strong> Maricopa Co. ......(602) 264-4357 .......... Phoenix Coconino Co ......(928) 213-5254 .......... Tucson Northern AZ...... 1-877-521-3500 ........ Flagstaff La Paz/Yuma/ Mohave Co. ....(928) 217-7120........... Yuma Pinal/Gila Co. .....(520) 836-2758 .......... Coolidge Southeast AZ Co (520) 432-5301 ........ Bisbee Navajo Nation ....(928) 871-6868 ..... Window Rock OR 2-1-1</td>
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<td><strong>GROUP MEALS or SOUP KITCHENS</strong></td>
<td>Homeless or low-income people without food or without cooking facilities.</td>
<td>Statewide</td>
<td>Call 2-1-1 or <a href="http://azfoodbanks.org">Association of Arizona Food Banks</a> at 1-800-445-1914 to locate a soup kitchen food box program near you.</td>
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<td><strong>EMERGENCY FOOD BOXES</strong> provide food for your family for approximately three days during crisis situations.</td>
<td>Meet income-eligibility guidelines; crisis or need.</td>
<td>Statewide</td>
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*Check for residency requirements.*

**Not required to provide proof of citizenship or permanent residency.**