

Volunteering Fact Sheet

Updated March 20, 2020

Food banks across the state are experiencing unprecedented levels of need, and are in dire need of volunteers to pack food boxes and help with distribution.

If you are healthy, not in a high-risk group, and able to commit a few hours to helping your neighbors, please consider volunteering at one of our five member food banks. See how food banks are mitigating risks for staff and volunteers on Page 2.

Community Food Bank of Southern Arizona: 3003 S. Country Club Rd., Tucson, AZ, 85713

- We URGENTLY need volunteers to keep our operations running. Email volunteer@communityfoodbank.org to get started.
- Volunteers can sign-in for a shift here: [Community Food Bank Volunteers](#).
- Many volunteer opportunities that are not related to food packing are being scaled back or reduced out of concern for everyone's safety.

St. Mary's Food Bank: Walk-in volunteers are welcome.

- Main warehouse: 2831 N. 31st Avenue, Phoenix, AZ 85009
 - Monday–Friday: 9am–11am and 1pm–3pm
 - Saturday: 8am–10am and 12pm–2pm
 - Volunteers will help pack emergency food boxes.
- Knight Center: 3131 W. Thomas Rd, Phoenix, AZ, 85017
 - Monday–Friday: 8:30am–4:30pm
 - Volunteers will help distribute food to clients using an outdoor drive-thru model.
- St. Mary's-Surprise: 13050 W Elm St, Surprise, AZ, 85378
 - Monday–Friday: 8:30am–4:30pm
 - Volunteers will help distribute food to clients using an outdoor drive-thru model.
- Do you have a group of five or more people? Contact Jennifer Gonzales at jvgonzales@firstfoodbank.org or 602-343-3128.

United Food Bank: 358 E. Javelina Ave., Mesa, AZ, 85210

- Register at [United Food Bank Volunteer Sign-Up](#).
 - Monday–Wednesday: 9am–11am and 6–8pm
 - Thursday: 9am–11am
 - Friday: 7am–12pm
- Contact Grace Bishara at gbishara@unitedfoodbank.org or 480-540-7955

Yuma Community Food Bank: 2404 E. 24th St., Yuma, AZ, 85365

- Monday–Friday: 8am–3pm
- Contact the food bank in advance to identify current needs: 928-343-1243

We want to make sure you stay healthy. Here's what food banks are doing to mitigate risks:

- Limiting the number of people who can volunteer at one time in order to ensure adequate social-distancing space. Please contact a food bank prior to volunteering to confirm capacity.
- Cleaning/sanitizing surfaces thoroughly and more frequently, especially those that can be touched by multiple people.
- Providing hand sanitizer, hand-washing stations, and gloves.
- Encouraging frequent 20-second hand-washing breaks.
- Telling people who are experiencing any symptoms (especially cough, fever, or shortness of breath) to stay home—and sending people home if they appear or become ill.
- Temperature-monitoring of volunteers on the way in the door.
- Limiting food distribution to clients to outdoor/drive-thru models to limit contact.

Please follow the [CDC's guidelines](#), and thank you for your help!